

# HOW TO USE THE HEALTH O METER® DIGITAL SCALE WITH THE IM3 & MDPRO2500 VITAL SIGNS MONITOR



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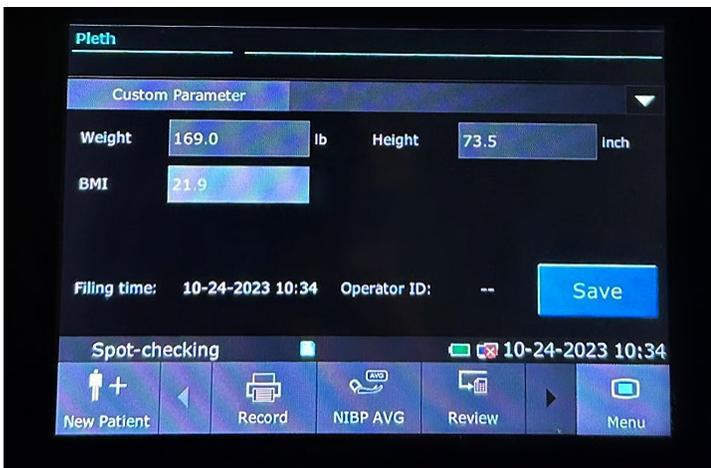
## PRELIMINARY STEPS

Start by ensuring that the newest software is installed on the vital sign monitor. To avoid wireless network interference, move the scale and receiving device away from nearby wireless devices.

**\*Allow vital signs monitor to fully turn on before taking a measurement on the scale\***

## TURNING ON & USING THE SCALE

- To turn the scale on, simply **click the power button** and wait for the scale to calibrate (about 5 seconds).
- Once the scale reads **0.0**, allow the patient to step onto the platform.
- Wait for the scale to beep, which will lock in the weight to the scale and send the data to the vital signs monitor.
- It will display on the screen here:



## MEASURING WEIGHT & HEIGHT

To measure height and weight simultaneously, allow the patient to step onto the scale, wait for it to beep, and then select the BMI function. Enter the height by navigating the up and down arrows. Once the desired height is entered, select the **“enter”** key on the scale. This will calculate the BMI of the patient and display it on the digital screen of the scale, while also displaying it on the unit.

## AUTOMATICALLY CREATE NEW PATIENT FEATURE ON SPOT CHECK MODE

The **“create new patient after saving”** feature allows the unit to automatically create a new patient after the information on a current patient is saved, streamlining the workflow process. To turn this feature on, select the menu tab on the bottom right of the touch screen, select **“User Maintain”**, and enter password. Under the **“Common”** tab, select **“Create new patient after saving”** and select **“on”** in the drop down menu.

## CHANGE HEIGHT AND WEIGHT UNIT OF MEASURE

**On the scale:** Turn the scale on and press the unit button to toggle between pounds and kilograms, inches and centimeters. The unit of measurement will display on the digital screen on the left side of the scale.

**On the vital sign monitor:** Select the menu tab on the bottom right of the touch screen, select **“User Maintain”** and enter password. Under the **“Common”** tab, select **“Unit Setup”**. Select the height and weight tabs in the drop down menu and change to preferred option.